

Breaking the Chains...

A Day of Forgiveness and Healing

"....You have freed me from my chains" (Ps 116:16)

September 18, 2010

8:30am-4:30pm (bring your sack lunch)

St. Mary Parish (St. Francis Center/Common Room)

7059 Church St...Gilroy CA 95020

Workshop Presenter

Dr. Jaime Galindo has a Doctorate in Clinical Psychology from the California School of Professional Psychology (Dissertation title: *"Understanding the Construct of Forgiveness: An Empirical Approach"* ©). Dr. Galindo has over 34 years experience as a clinician and is an experienced workshop and conference presenter. He has been presenting workshops and retreats on forgiveness since 1986.

This workshop will focus on the *Process of Forgiveness*: Defining Forgiveness; Interpersonal Transgressions; Transformations; Conversion (Metanoia); and Healing (Forgiveness and Reconciliation). This will be an *experiential* workshop. It will be an opportunity for a deeper understanding of forgiveness. Come and experience the healing power of forgiveness...you will leave with a greater appreciation of how forgiveness works and how it can heal you and others.



- *Are you trapped in bitterness?*
- *Do you feel stuck in resentment?*
- *Do you want to restore broken relationships?*
- *Do you want to be set free from emotional bondage?*

Join us as we seek and receive God's Freedom from obstacles that keep us from being who we are created to be.

Contact information: Dr. Jaime Galindo... (408) 460-2659

There is no charge for this event, however you may sow into this ministry